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 From	Yemen Family Care Association (YFCA)
 Project details	Support Obstetric Emergencies to provide maternal, newborn and RH services at health facilities supporting CEMONC & BEMONC services

 funded by	UNFPA
 Venue of the story	Hanbaliya Area , Al-Hodeidah Governorate
 Sector	Health

THE POWER OF AWARENESS



Yemen Family Care Association (YFCA), with the support of United Nations Population Fund (UNFPA), made a field visit to Hanbaliya area in Al-Hodeidah Governorate to conduct an awareness campaign on reproductive health. This activity targeted 2,500 women, with each session reaching an average of more than 200 women.

Among the women targeted by the campaign was Khamisa, a 23-year-old woman in her seventh month of pregnancy. Unfortunately, due to her family's financial situation and lack of knowledge, her health condition worsened and she suffered from prolapse and swelling in her feet.



Based on the case of Khamisa and many other women, the awareness team conducted a session with Khamisa, her husband, and other families in attendance. The team educated them on the importance of scheduling prenatal visits to reduce the risks for the mother and baby. They also informed them of Obal Center, at which Yemen Family Care Association is an implementing partner funded by the United Nations Population. Obal Center provides reproductive health services, including prenatal care, and the dispensing of needed medications. Khamisa had determined to visit the center every month for reproductive health services and the assurance of her health and the health of her fetus.

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After the awareness session, I encouraged my husband to take me to the health center, especially that the doctor had given me an advice and told me I needed tests and medicine or else it could be detrimental to my baby

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Khamisa said, enthusiastically

Khamisa visited the health center the following day and upon undergoing medical examinations, it was determined that she suffered from high levels of protein in her urine and high blood pressure. Thus, she was registered at the facility, met with an obstetrician-gynecologist who prescribed the relevant

medications and provided her with the date for her next appointment. Furthermore, Khamisa highlights that she was in need for such sessions that raised awareness on pregnancy and other related topics, she otherwise would not have known the importance of visiting health centers during her pregnancy.



These awareness sessions, offered by YFCA, were highly beneficial in saving the lives of mothers and children and helping mothers understand the importance of regular visits to the doctor during

pregnancy. The people were very pleased with the awareness campaigns and thanked Yemen Family Care Association for its services, care, and dedication to the safety of families and all the inhabitants of the area.